

# Anti-Bullying Week 2019: Primary School Assembly Plan

## **WHEN WAS THE LAST TIME...? (5 mins)**

**SLIDE 2: Display this slide.**

They should talk to the pupil next to them about the last time this happened to them. Take a couple of examples from volunteers. Ask them how it made them feel when these things happened to them, e.g. happy, sad, included, safe. You should also take feedback from teachers too.

Now ask pupils what their school would be like if nobody chose these actions or said these things. Give them about ten seconds to think about this in silence. Would it be a good place to be? Is this a school you would want to go to? Take feedback.

## **BE THE CHANGE YOU WANT TO SEE! (5 mins)**

**SLIDE 3: Reveal the speech bubbles on this slide.**

Get pupils to read them aloud together. Ask them who is responsible for making sure these things are said, out of teachers, parents / carers and pupils. Do we all have a responsibility or is it just some of us? Give them some time to talk before moving to slide 4 and telling them:

*“We can all choose to be kind, thoughtful and helpful to others, or we can choose to ignore things, look out for ourselves and laugh when we know it hurts someone else. It really is up to us to be the change and make our community/our school a great place for everyone!”*

## **WHAT WOULD YOU CHANGE? (10 mins)**

**SLIDE 5-6:** In the next part of the assembly, two short stories about bullying will be read aloud.

**NB:** There are many variations of this activity. You could ask pupils to stand when they want to change something, or stand and say 'change' aloud, or put their hand up and say 'change', or simply put their hand up.

Read the stories aloud one box at a time. Pause at the end of each box of text to give pupils the opportunity to say 'change' and suggest their changes. Take feedback on what words or actions these children should choose instead.

- e.g. In Dan's story, Saima could choose to delete the picture when Dan asks her to.
- e.g. The pupils in the playground could choose not to laugh at the video and choose not to pass it around.
- e.g. Dan's friend Caitlyn could choose not to show Dan the video, and to report it to a teacher instead.

All these small actions could collectively stop the bullying from getting worse.