

Playground Activity 1

Making a Difference Together

Age Group All Ages
Resources Hoop (eg. Hula Hoop)

This is a fun and engaging lunchtime/breaktime game to encourage young people to explore our collective role in tackling bullying.

- * Young people line up in a straight line standing side by side.
- * One stands in a hoop at the beginning of the line and pretends they have been affected by bullying (pretend to cry, show sad/worried expression etc).
- * Others in the group act as their friends. They want to help their friend and think they should tell an adult at school.
- * Another child stands at the other end of the line and pretends to be the adult. They have not seen any bullying and do not know anything about what has happened to the child.
- * The children must work together to tell the 'adult' at the end of the line about the bullying as soon as possible.
- * This can only be done by passing the hoop of bullying information along the line.
- * The child standing in the hoop gives the hoop to the first child in the line.
- * All of the children standing in the line must stand side by side and hold hands. They must work together to pass the hoop along the line as quickly as possible without breaking their connection. **They must hold hands throughout!**
- * When the hoop reaches the final child in the line they place it over the 'adult's' head and the game is complete. Adult facilitating game should highlight message of working together to make a difference to end bullying now.
- * The game can be repeated to see if they can do it faster or with different young people. Adults and children can be creative and adapt situations if they want to.
- * Remind the participants of the need for everyone in the line to play their part in tackling bullying.