

Activity: All about me – Introduction to bullying

Age Range: KS 1 & 2

Learning Intention	Activity	Resources	Points to note
<ul style="list-style-type: none"> * Children will be learning to recognise their individuality and understand that everybody is different * To consider differences and the value that diversity brings 	<ul style="list-style-type: none"> * Before the lesson prepare a magic box with a mirror inside it * This can be used as a circle time activity * Explain to the children that there is something special and unique inside the box * The teacher will explain to the class that the children will individually get the opportunity to look inside the box – to see what it is. * The children will be informed that they are not allowed to tell anybody what they saw inside the box * The children will see their reflection from the mirror and understand that they are special and unique * Once every child has had the opportunity to look inside the box the teacher will direct class discussion * Could include questions like: <ul style="list-style-type: none"> ○ how everybody is unique? ○ how everybody is different? 	<ul style="list-style-type: none"> * Decorated Box * Mirror * Large paper and post-it for people to list what makes them different and unique 	<ul style="list-style-type: none"> * This activity should take between 20-30 minutes * What does it mean to have strength of character? – supporting them to identify personal attributes to give people strength and influence, and to understand the ways in which bullying behaviour is an abuse of this influence * For the Magic Box to be effective, it is essential that each child keeps the name of the special person secret until

	<ul style="list-style-type: none"> * Teacher will explain to the children that everyone is different and that this is a really positive thing and it's important we all take the time to understand and value each other * You could then ask the children to list two things that make them different to others e.g. your football team, your favourite colour, your family etc. Some young people might list things that makes them different because of physical, racial, religious, impairment and ethnical differences. This will highlight how everyone is different and how important it is to recognise we are all different and unique * The teacher will be promoting children's strength of character and their self-esteem 		<p>all children have had the opportunity to look inside.</p>
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Credit: Becky Freeburn and Deborah Gourley